# **Gluthome 600 Injection**

# Glutathione (600mg) Injection

## **Description**

Glutathione Injection is a powerful antioxidant therapy designed to detoxify the body, enhance skin health, and provide overall cellular protection. Glutathione, a tripeptide composed of glutamine, cysteine, and glycine, is vital for neutralizing free radicals, reducing oxidative stress, and supporting liver detoxification processes.

## Composition

• Glutathione (Reduced Form): 600 mg per vial

## **Mechanism of Action**

Glutathione acts as a master antioxidant in the body. It binds to free radicals and reactive oxygen species (ROS), neutralizing their harmful effects. Additionally, it regenerates other antioxidants like Vitamin C and Vitamin E, ensuring optimal antioxidant function. Glutathione also enhances detoxification by conjugating with toxins and facilitating their excretion via bile or urine.

## **Indications**

- Skin Health and Whitening: Helps brighten skin tone by reducing melanin synthesis and combating pigmentation.
- Detoxification: Assists in liver detoxification, especially in cases of alcohol or drug-induced toxicity.

- Antioxidant Therapy: Reduces oxidative stress, which is linked to aging, chronic diseases, and inflammation.
- Immune Support: Enhances immune function by supporting cellular health.
- Neurological Protection: May reduce the risk of neurodegenerative diseases like Parkinson's.
- Adjunct Therapy in Chemotherapy: Minimizes oxidative damage caused by chemotherapy drugs.

## **Dosage and Administration**

- Recommended Dose:
  - Skin Whitening: 600 mg to 1200 mg, 1–2 times weekly or as prescribed by a healthcare professional.
  - General Antioxidant Support: 600 mg weekly or as directed.
- Administration:
  - Intravenous (IV) injection administered by a qualified healthcare professional.
  - Reconstitute the lyophilized powder with sterile water for injection before use.

#### **Contraindications**

- Hypersensitivity or allergy to Glutathione or any component of the injection.
- Pregnancy and lactation unless advised by a healthcare provider.
- Severe renal or hepatic impairment (use with caution).

## **Warnings and Precautions**

- 1. Professional Administration: Ensure injection is given by a trained medical professional under sterile conditions.
- 2. Skin Whitening Claims: Results may vary, and therapy should be undertaken with realistic expectations.
- 3. Chronic Use: Long-term use may interfere with the body's natural glutathione production; periodic monitoring is advised.
- 4. Combination Therapy: For skin whitening, it is often used with Vitamin C for enhanced effects.
- 5. Allergic Reactions: Discontinue use and seek immediate medical attention if signs of an allergic reaction occur (e.g., rash, difficulty breathing).

#### **Adverse Effects**

- Common: Mild headache, nausea, or dizziness.
- Rare: Allergic reactions, rash, or injection site pain.
- Severe (Rare): Anaphylaxis or hypersensitivity reactions.

#### **Storage Conditions**

- Store at temperatures between 2°C to 8°C (36°F to 46°F).
- Protect from light and moisture.
- Use immediately after reconstitution.

## **Benefits of Glutathione Injection**

- 1. Powerful Antioxidant: Protects cells from oxidative stress and aging.
- 2. Skin Brightening: Reduces melanin production, promoting even-toned and brighter skin.
- 3. Liver Support: Detoxifies harmful substances, promoting liver health.
- 4. Immunity Boost: Strengthens the immune system by optimizing cellular function.

5. Anti-Aging Effects: Helps reduce fine lines and signs of aging by combating oxidative damage.

#### **Presentation**

- Packaged in a single-use vial containing 600 mg lyophilized Glutathione powder.
- Accompanied by sterile water for injection for reconstitution.

Note: This is a prescription-only medication and should only be used under medical supervision. It is essential to discuss the therapy goals, possible side effects, and realistic expectations with a healthcare provider before beginning treatment.

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